



## **Members Information**

### **Purpose and Statement of Commitment**

BUGS Gymnastics endeavours to ensure impeccable behaviour of all gymnasts, coaches, spectators, administrators' and officials. Providing a safe, friendly, inclusive and enjoyable environment for everyone involved.

Our focus is to provide a safe friendly environment for children to develop basic gymnastic skills. To offer a variety of gymnastics programs to suit children of all ages and abilities and to encourage a healthy attitude towards participating in physical activity. BUGS gymnastics has a commitment to provide a quality program with qualified and accredited coaches and staff.

BUGS Gymnasts include all adults and children that participate in a Gymsport at BUGS Gymnastics. The policy applies to all gymnasts and their parent / guardians or persons responsible for payment of gymnastics fees.

### **Uniform**

Kindergym gymnasts will receive a t-shirt upon receipt of the registration fee. It is optional for kindergym participants to wear this t-shirt with sports shorts or leggings/tracksuits to your classes.

Female gymnasts are welcome to wear a leotard to class. These can be purchased from the office. Female gymnasts can wear comfortable clothing like a t-shirt and leggings, bike shorts, shorts or track suit pants.

Male gymnasts are encouraged to wear a singlet/t-shirt and appropriate sports shorts or track suit pants (no denim, buckles or zippers).

Gymnasts will have bare feet in the gym.

No dresses, skirts or denim allowed in the gym. No baggy clothes. Long hair must be tied back securely. No headbands. No jewelry including watches to be worn. No socks/tights.

A named drink bottle must be brought to every class.

### **Action Plans – Ventolin and EpiPens**

Any child that requires Ventolin or an EpiPen must bring these items (named) into the gym and leave them with their coach (do not leave in the lockers. A management plan must be provided to the gym for Ventolin and epiPens.

### **Drop Off and Pick Up**

For the safety of all gymnasts, parents are requested to wait outside at the front door with their child/children until a coach comes to collect your child (if it is raining please come inside to the waiting area). Parents are welcome to stay and watch your child's class each week from the waiting room area. It is not acceptable to drop off or pickup children in the car park or the driveway.

At the end of class we ask parents to collect their children from a staff member from the rear exit door. BUGS Gymnastics will not allow children to leave the venue without an adult.



### **Club Rules**

- Gymnasts must wait in the foyer until collected by their coach
- No entry to the gym until a coach is present
- No use of equipment without a coach's permission
- Gymnasts must be dressed appropriately for gymnastics (no school dresses, skirts, denim shorts or tights covering the feet)
- No jewelry including watches to be worn
- Hair must be tied back. No headbands or bulky clips
- You must bring a drink bottle to EVERY class (water only)
- Coaches must know where gymnasts are at all times - gymnasts must ask their coach to go to the toilet or the foyer
- Look carefully when walking around the gym
- Children must leave the gym as soon as their class is finished
- No parents allowed in the gym (except for the parent assisted Kinder Gym classes) – parents must watch classes from the foyer
- Children not participating in the class are not permitted in the gym
- BUGS Gymnastics is not responsible for children in the foyer (they must be supervised by an adult)
- No food allowed in the gym
- No eating or chewing gum in the gym
- No smoking in or around the gym, building and car park
- No swearing, pushing, shoving, hitting or fighting
- No litter, please use rubbish bins provided
- No playing with the microwave/oven buttons in the foyer
- Do not leave the building without an adult
- Parents must collect children from the rear exit door from a coach